

Algorithm of

1. acute anal fissure
2. chronic anal fissure

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Anamnesis +
physical examination

Acute fissure (<5-8 weeks)

Conservative
treatment

Abundant intake of water and/or
liquids, diet with fiber supplement or
stool softeners, sitz baths with warm
water +/- local anesthesia

HIGH cure
rate

No improvement

Chronic fissure (>8 weeks)

Maintain hygiено-dietary
measures

Rule out other etiologies: HIV,
neoplasm, infections,
Crohn's disease

